



## Energy Saving Tips

### GENERAL

- Replace air filters regularly.
- Keep ductwork unobstructed for better airflow providing higher efficiencies for heating and cooling equipment.
- If convenient, take advantage of daylight instead of artificial lighting, but avoid direct sunlight.
- Utilize LED light bulbs for lighting.
- Wash full loads of dishes and clothes for better efficiency.
- Water heating accounts for about 18% of the energy consumed in your home. The Consumer Product Safety Commission recommends setting your water heater at no more than 120 degrees Fahrenheit to prevent scalding. The lower setting will also conserve energy and save money.

### SPRING/SUMMER

- Install window coverings to prevent heat gain through your windows during the day.
- For maximum energy affordability, schedule regular maintenance for your cooling equipment.
- Set your thermostat at a temperature you find comfortable and that provides humidity control, if needed. The smaller the difference between the indoor and outdoor temperatures, the lower your overall cooling bill will be.
- Keep your house warmer than normal when you are away and lower the thermostat setting when you return home and need cooling. A programmable thermostat allows you to do this automatically and without sacrificing comfort.
- Avoid placing lamps or TV sets near your room air-conditioning thermostat. The thermostat senses heat from these appliances, which can cause the air conditioner to run longer than necessary.
- Turn off ceiling fans when you leave the room. Remember that fans cool people, not rooms, by creating a wind chill effect.
- Seal cracks and openings to prevent warm air from leaking into your home.
- Add caulk or weatherstripping to seal air leaks around doors and windows.

### FALL/WINTER

- Set the ceiling fan to run in reverse to create an updraft that helps move warm air trapped near the ceiling back out and around the room.
- Lower your thermostat a few degrees, ideally to 68 degrees or lower.
- Adjust your programmable thermostat to automatically lower the temperature while you are away or while you sleep.
- During daylight hours, open drapes, and blinds to maximize heat from direct sunlight. To retain heat, keep them closed when it is dark.
- Keep interior doors open to help circulate air more freely and maintain constant heating levels.
- Seal cracks and openings to prevent cold air from leaking into your home.
- Add caulk or weatherstripping to seal air leaks around doors and windows.